

## ARTS AND SCIENCE HEALTH EDUCATION





WE BELIEVE:

- that an educational institution should offer the individual an opportunity to obtain learning based on specific needs.
- that the demands of a better informed society can best be served by offering comprehensive, well integrated educational programmes to nurses and other health workers.
- that course scheduling should be flexible and appropriate to personal and work situations.
- that experience be a major consideration in curriculum planning.
- that university personnel are responsible for catalytic measures that stimulate adult learning.
- that the prevention of disease and the promotion of health are dependent upon health education.

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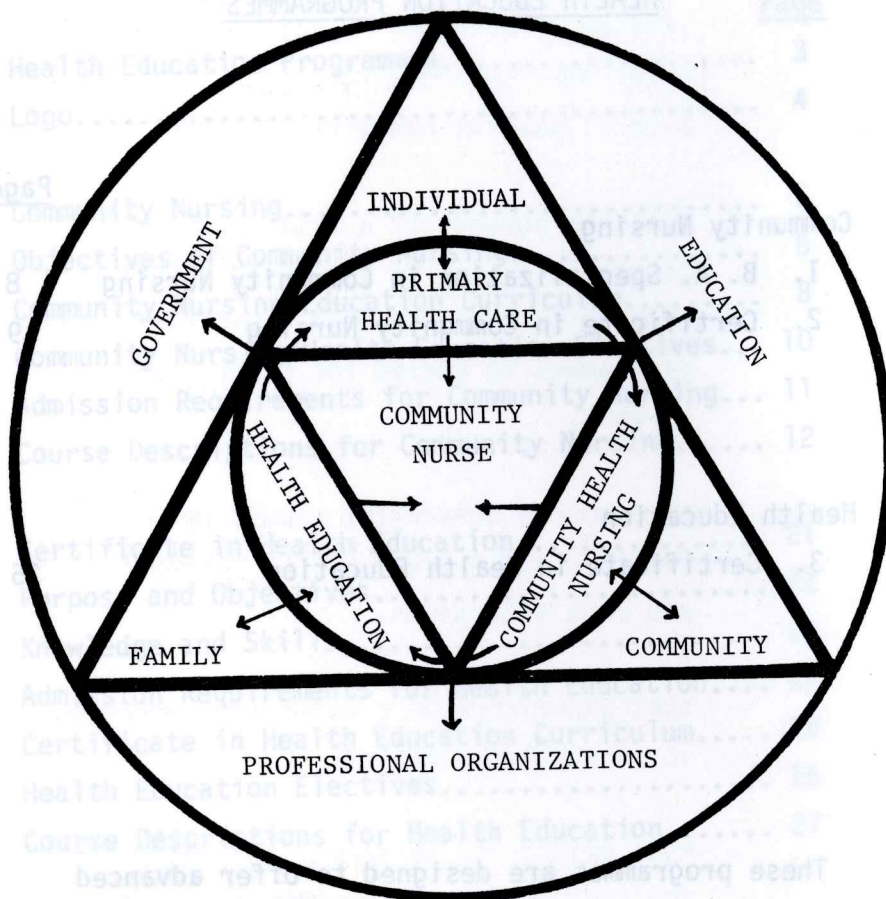
## HEALTH EDUCATION PROGRAMMES

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These programmes are designed to offer advanced education on a continuing basis to Registered Nurses and health workers in keeping with Concordia University's philosophy in the field of part-time education.



# COMMUNITY NURSING LOGO



The "Community Nurse" is a provider of primary health care, a health educator oriented toward the well-being of the individual, the family and the community, and an essential member of a multi-disciplinary health team concerned with the quality of care given to society.

## COMMUNITY NURSING:

- Shares the responsibility of providing for the health needs of society through health promotion and nursing interaction.
- Is more health oriented than illness oriented; client oriented than institution oriented; and is responsive to changing community health needs.
- Focuses on the client as a whole being from conception until death throughout the life process in a health/illness continuum.
- Recognizes the various factors that influence the health status of the client, family and community and how they can be classified into the elements of human biology, environment, life style, and health care organization.
- Promotes interdisciplinary health team development and facilitates its effectiveness through leadership in the team's decision making and in the execution of its functions.
- Applies scientific and humanistic knowledge to professional activities in the promotion of health, prevention of illness and client rehabilitation.
- Through its research, contributes new knowledge for more competent nursing intervention.



## OBJECTIVES OF COMMUNITY NURSING

To prepare a versatile health professional with academic preparation in pure and applied sciences and the humanities who is able to apply the nursing process to the enrichment of community health and development.

Such a professional would be a practitioner in primary care able to:

- assess the health status and health needs of the individual.
- function effectively within a multi-disciplinary team accountable and responsible to the clients and community served.
- help people in their search for optimum physical, emotional and social well-being.
- give relevant care and/or refer the client to the appropriate community resource person.
- develop mechanisms that will ensure and facilitate follow-up procedures maintaining optimum health care delivery.
- encourage independence through self-care by the client.
- maintain and coordinate all data necessary for future evaluation processes.

A health educator able to:

- interrelate, collaborate and communicate effectively with others.
- correlate education to life styles of clients, the teaching environment and resources available for meaningful learning.
- prepare clients to become active in their health maintenance roles.

A community-oriented professional able to:

- understand the complexity of community dynamics.
- accept that the community itself is a major determinant of health care.
- encourage communities to mobilize and use all the available resources in the development of their health needs.
- act as a change agent in initiating health promotion programmes.



COMMUNITY NURSING EDUCATION CURRICULM

## 1. Courses leading to a B.A. Specialization in Community Nursing.

Required courses (60 credits)

NURS C205	Current Issues in Nursing	3 credits
HEAL C206	Applied Human Physiology	6 credits
HEAL C209	Personal Interrelations	3 credits
HEAL C211	Clinical Epidemiology and Biostatistics I	3 credits
HEAL C215	Clinical Epidemiology and Biostatistics II	3 credits
NURS C301	Pharmacology for Nurses	3 credits
NURS C307	Pharmacology: The Nurse's Role in the Community	3 credits
NURS C320	Interviewing Techniques and Counselling Concepts	6 credits
NURS C323	Teaching Strategies Health Professionals	3 credits
NURS C324	Pathophysiology	6 credits
NURS C325	Community Nutrition	3 credits
NURS C415	Community Nursing I Nursing Assessment	3 credits
NURS C417	Community Nursing II Roles in Intervention	3 credits
NURS C435	Family Structure and Health Care Delivery I	3 credits
NURS C436	Family Structure and Health Care Delivery II	3 credits

Nursing Electives (6 credits)

Elective Courses (30 credits)

## 2. Certificate in Community Nursing

Required courses (45 credits)

NURS C213	Basic Nutrition	3 credits
NURS C301	Pharmacology for Nurses	3 credits
NURS C307	Pharmacology: the Nurse's Role in the Community	3 credits
NURS C320	Interviewing Techniques and Counselling Concepts	6 credits
NURS C323	Teaching Strategies for Health Professionals	3 credits
NURS C324	Pathophysiology	6 credits
NURS C325	Community Nutrition	3 credits
NURS C415	Community Nursing I Nursing Assessment	3 credits
NURS C417	Community Nursing II Roles in Intervention	3 credits
NURS C435	Family Structure and Health Care Delivery I	3 credits
NURS C436	Family Structure and Health Care Delivery II	3 credits

Nursing Electives (6 credits)

Elective Courses (6 credits)

STUDENTS ARE RESPONSIBLE FOR SATISFYING  
THEIR PARTICULAR DEGREE REQUIREMENTS.



COMMUNITY NURSING ELECTIVES

NURS C393	Selected Topics in Nursing	3 credits
NURS C431	School Health Nursing	3 credits
NURS C433	Nursing the Elderly	3 credits
NURS C437	Occupational Health Nursing	3 credits
NURS C495	Advanced Topics in Nursing	3 credits
NURS C497	Advanced Topics in Nursing	3 credits

\*\* HEALTH EDUCATION ELECTIVES

HEAL C251	Hunger in the Classroom: The School's Role	3 credits
HEAL C331	Health Professional Role in Pre and Post Retirement	3 credits
HEAL C397	Selected Topics in Health Education	3 credits
HEAL C398	Selected Topics in Health Education	3 credits
HEAL C401	Public Health Administration	3 credits
HEAL C403	The Law and the Health Professional	3 credits
HEAL C472	Special Workshop--Human Sexuality	6 credits

\*\* The Health Education electives are open to Nurses and other interested students. For course descriptions, see pages 27 to 34.

ADMISSION REQUIREMENTS FOR COMMUNITY NURSING:

Applicants must submit:

1. A current registration from the Order of Nurses of Quebec or proof of current registration in another Canadian province. Students coming from outside Canada must have their documents evaluated by the O.N.Q.
2. Evidence of at least ONE YEAR OF COMPREHENSIVE NURSING experience.
3. Supporting transcripts should be submitted to the Admissions Office with the admission form well in advance of the final registration date.

PRE-REGISTRATION: Pre-registration is advised for:

1. Entry into Community Nursing Programme.
2. Course selection.
3. Selection of Health Education Electives.

The number of places in many courses is limited.

Early registration facilitates placement.

If counselling is required, phone 482-0320, Loc. 406, 420, or 427 for an appointment.



## COURSE DESCRIPTIONS FOR COMMUNITY NURSING:

### NURSING C205

#### Current Issues in Nursing

An introductory course designed to explore at the local and national level educational and professional concepts of nursing, their similarities and differences and their influence on the changing patterns in nursing. The major intent is to illustrate the relationship between the profession, the impinging pressures to change and nursing's reaction and response to this concept.  
(3 credits)

### NURSING C213

#### Basic Nutrition

The goal of this course is to provide instruction on theoretical and practical knowledge of normal nutrition. The course content includes: food habits and food ways; psychological, sociological and cultural effects on food habits; the world food crisis; hunger and its effects on people; major nutrients and their interrelationships in human nutrition. The Nutrition Canada Survey assessment of nutrition status will be discussed. Nutrition during the life span ... pregnancy and lactation, growth and development, aging and the aged will be described. Weight control, food economics, protection of food supply, food fads and fallacies will be examined  
(3 credits)

NOTE: This course is not available to students who have received credit for an equivalent course.

### NURSING C301

#### Pharmacology for Nurses

Prerequisite: HEAL L206 or equivalent

This course is designed to introduce nurses to the basic concepts of drug pharmacokinetics as the basis for rational therapeutics. The major drug classes will be reviewed, emphasizing those drug effects that are important for the Registered Nurse in providing modern therapeutic care. Stress will be laid upon the importance of collaboration between professions for the better care of the patient.  
(3 credits)

### NURSING C307

#### Pharmacology: The Nurse's Role in the Community

Prerequisite: NURS L301

The purpose of this course is to apply the principles of pharmacodynamics and pharmacokinetics given in NURS L301 to individual and community health problems. The course content includes identification and discussion of major drug classes: hormones, contraceptives, psychotropic drugs, alcohol, opiates, barbituates, stimulants, hallucinogens, nicotine, antibiotics, etc. The consequences of drug use and abuse in personal, family and community life, as well as the nurse's role will be considered.  
(3 credits)

### NURSING C320

(Also given as HEAL C320)

#### Interviewing Techniques and Counselling Concepts

Prerequisite: HEAL L209 or equivalent

A course in which the student examines the dynamics of helping interviews, models of human effectiveness, and theories of counselling. The variety of issues to be covered include the enhancement of specific skills through different training experiences, a proper emphasis on self-understanding, an awareness of the role of philosophy, ethical standards and research. This course demands a high level of observation, participation and involvement.  
(6 credits)



## NURSING C323

(Also given as HEAL C320)

## Teaching Strategies for the Health Professional

Prerequisites: HEAL C209 and NURS C320, or permission of the Coordinator.

This course is designed to meet the needs of individuals who are involved in education programs, i.e., schools, industry, clinics, volunteer agencies, in-service programs, etc. aimed at promotion and maintenance of health, prevention of disease and rehabilitation.  
(3 credits)

## NURSING C324

## Pathophysiology

Prerequisites: HEAL C206.

This course will study bodily systems and the common diseases which attack them. Normal and abnormal functioning will be compared; eg. the circulation system and heart disease. Stress will be laid upon control and prevention. The systems to be discussed are: digestive, excretory, endocrine, circulatory, nervous, muscular, respiratory.  
(6 credits)

## NURSING C325

## Community Nutrition

Prerequisites: NURS C213, C323.

This course will apply basic nutrition knowledge to the problems of nutrition in the community. It will prepare students to act as facilitators of change in the food habits of their clients and assist them to practise clinical evaluation of nutrition through field work under supervision. Existing community programs and resources to improve nutrition will be evaluated.  
(3 credits)

## NURSING C393

## Anthropological Concepts in Nursing

This course is an introduction to anthropological concepts relevant to nursing problems and an explanation of the application of these concepts. The cross-cultural perspective on health attitudes, illness behavior and medical practices is of particular interest to nurses providing service to culturally diverse communities and to third-world medical aid programs. No previous anthropology is required.  
(3 credits)

## NURSING C395

## Leadership and Community Change

Prerequisites: HEAL C209 and NURS C320 or equivalents. This course examines a variety of leadership styles and the effectiveness of each in producing changes in the community. Students learn methods for determining when community change would be beneficial and methods of planning, implementing and evaluating interventions designed to produce such changes.  
(3 credits)



## NURSING C415

## Community Nursing I: Nursing Assessment

Prerequisites: NURS C205 and C323

This course is designed to help students to learn to make comprehensive community nursing care plans. Such plans require understanding of the ethnic, cultural, demographic and socio-economic influences upon the lives of people and of the methods for collecting data with which to assess the health needs of the individuals and families comprising a community.  
(3 credits)

## NURSING C417

## Community Nursing II: Roles in Intervention

Prerequisites: NURS C205, C323 and C415.

In this course students study the concerns of government educational institutions and health agencies with the prevention of disease and the promotion of health. They learn ways in which nurses may intervene to help individuals and families to adopt healthful life styles.  
(3 credits)

## NURSING C431

## School Health Nursing

Prerequisite: NURS C415 and C417.

This course presents the health needs of school pupils and personnel. It explores the responsibilities of provincial and local Departments of Health, the school authorities and the school personnel and nurse in meeting these needs. It assists nurses to plan programs of health services, health education and healthful school living for various levels and types of schools, to inaugurate such programs and to coordinate the efforts of schools and community agencies in promoting health and preventing illness in schools.  
(3 credits)

## NURSING C433

## Nursing The Elderly

A humanistic study of the physiological and psychological adjustments necessary to adapt to the life style of the changing years. An in-depth look at the need for accurate nursing assessment in order to utilize existing health resources for the maintenance of health and prevention of disease and rehabilitation where necessary. The course will allow the student an opportunity to develop realistic guidelines for home care, referral, health counselling and follow-up.  
(3 credits)

## NURS C435

## Family Structure and Health Care Delivery I

Prerequisites: NURS C415 and C417.

This course is concerned with the life cycle of the family structure, the interaction between the ever-changing family relationships and the health system, and the influence of health and disease upon these relationships.  
(3 credits)

## NURS C436

## Family Structure and Health Care Delivery II

Prerequisites: NURS C435

Building on the theoretical knowledge of NURS C435, this course emphasizes home visiting, patterns of home care, process recording, teaching families to know and use suitable community agencies. Stress is placed on knowledge of healthful life styles as a means of preventing illness.  
(3 credits)



18.

NURS C437

Occupational Health Nursing

This course will deal with the relation of doctor and nurse, employer and employee, management and the medical department. Also the role of the nurse today and tomorrow in our rapidly changing society. Instruction will consist of lectures, group discussion and practical applications through fieldwork and simulation.  
(3 credits)

NURS C495

Advanced Topics in Nursing

Prerequisites: As determined by Coordinator  
The theme will vary according to the special interests of the professor and the needs of the students. The course is designed to provide students with the opportunity to take advantage of the special interests and expertise of a professor and to develop this knowledge and these abilities in an area not covered in the programme.  
(3 credits)

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NURSING C496

Advanced Topics in Nursing

Prerequisites: As determined by the Coordinator  
A student may repeat NURS L495, provided that the content is different, by registering for credits under NURS L496.  
(3 credits)

NURSING C497

Advanced Topics in Nursing

Prerequisites: As determined by the Coordinator  
The theme will vary according to the special interests of the professor and the needs of the students. The course is designed to provide students with the opportunity to take advantage of the special interests and expertise of a professor and to develop this knowledge and these abilities in an area not covered in the programme.  
(3 credits)

NURSING C498

Advanced Topics in Nursing

Prerequisites: As determined by the Coordinator  
A student may repeat NURS L497, provided that the content is different, by registering for credits under NURS L498.  
(3 credits)

## NURSING CASE

## Advanced Topics in Nursing

Prerequisites: As determined by the Coordinator  
A student may repeat NURS 1495, provided the content is different, by registering for credit under NURS 1496.

(3 credits) This course is designed to provide students with the opportunity to take advantage of the special interest and expertise of a professor in an area not covered in the program by presenting a series of lectures, seminars, and case studies. The student will be expected to prepare and present a paper on a topic related to the course.

Prerequisites: As determined by the Coordinator  
The course will vary according to the needs of the professor and the needs of the students. The course is designed to provide students with the opportunity to take advantage of the special interest and expertise of a professor in an area not covered in the program by presenting a series of lectures, seminars, and case studies. The student will be expected to prepare and present a paper on a topic related to the course.

Prerequisites: As determined by the Coordinator  
The course will vary according to the needs of the professor and the needs of the students. The course is designed to provide students with the opportunity to take advantage of the special interest and expertise of a professor in an area not covered in the program by presenting a series of lectures, seminars, and case studies. The student will be expected to prepare and present a paper on a topic related to the course.

Prerequisites: As determined by the Coordinator  
The course will vary according to the needs of the professor and the needs of the students. The course is designed to provide students with the opportunity to take advantage of the special interest and expertise of a professor in an area not covered in the program by presenting a series of lectures, seminars, and case studies. The student will be expected to prepare and present a paper on a topic related to the course.

Prerequisites: As determined by the Coordinator  
The course will vary according to the needs of the professor and the needs of the students. The course is designed to provide students with the opportunity to take advantage of the special interest and expertise of a professor in an area not covered in the program by presenting a series of lectures, seminars, and case studies. The student will be expected to prepare and present a paper on a topic related to the course.

## CERTIFICATE IN HEALTH EDUCATION

## PURPOSE

## PURPOSE

The purpose of this certificate program is to answer the needs of society as proposed by the National Health Education Association (NHEA) in its report, "The Health Education of the American People."

## CERTIFICATE

## I N

## HEALTH EDUCATION

and make them aware of the socio-cultural, behavioral, and educational processes that make up a health field strategy. Furthermore, the certificate will give allied health workers the opportunity to become more effective in their work and professionally more competent.

Prerequisites: As determined by the Coordinator

Objectives: The student will be able to:

- 1. identify and group change. The objective is to combine exposure with skill development.
- 2. identify and group change. The objective is to combine exposure with skill development.
- 3. identify and group change. The objective is to combine exposure with skill development.
- 4. identify and group change. The objective is to combine exposure with skill development.
- 5. identify and group change. The objective is to combine exposure with skill development.
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- 7. identify and group change. The objective is to combine exposure with skill development.
- 8. identify and group change. The objective is to combine exposure with skill development.
- 9. identify and group change. The objective is to combine exposure with skill development.
- 10. identify and group change. The objective is to combine exposure with skill development.

## CERTIFICATE IN HEALTH EDUCATION

### Purpose:

The purpose of this Certificate programme is to answer the needs of society as proposed by the Parent Report and further elaborated in the Castonguay Report. This Certificate will provide the educational foundation for effective health action in the community. It will stimulate students to assist in the delivery of social change programmes and make them aware of the socio-cultural, psycho-behavioural and educational processes that make up a health field strategy. Furthermore, the Certificate will give allied health workers the opportunity to become more effective in their work and professionally more competent.

### Objectives:

Students will be exposed to the processes of individual and group change. The objective is to combine exposure with skill development.

## KNOWLEDGE

Students will be able to:

- . comprehend how the human body functions
- . explain the nutritional requirements of a well person
- . recognize the consequences of drug use and abuse
- . explain community mental health programmes
- . understand self appraisal
- . report on group process and citizen participation
- . use counselling theories and interviewing concepts
- . give examples of different leadership behaviours
- . facilitate community development and organizational change
- . distinguish between client centered and agency centered community services

## SKILLS

Students will be able to:

- . relate to others and communicate more effectively
- . sharpen their interviewing and observational skills
- . practice group building and decision making
- . analyse group conflict resolution strategies
- . design, under supervision, an educational change programme
- . initiate a nutritional survey
- . help organize a health activation programme
- . assist in the evaluation of outcomes



### ADMISSION REQUIREMENTS FOR HEALTH EDUCATION:

- a two-year pre-university programme in a CEGEP with the award of a diploma for Collegial Studies or equivalent, or
- three-year CEGEP diploma in a health-related field, or Mature Student entry, or equivalent

### PRE-REGISTRATION:

Pre-registration is advised for:

1. entry into the Certificate in Health Education.
2. course selection.
3. selection of Health Education electives.

Students are advised to contact the HEALTH EDUCATION OFFICE (Loc. 406, 420 or 427) to make an appointment to see the ACADEMIC ADVISOR.

## Certificate in Health Education

### Required courses (18 credits)

HEAL C206	Applied Human Physiology	6 credits
HEAL C209	Personal Interrelations	3 credits
HEAL C320	Interviewing Techniques and Counselling Concepts	6 credits
HEAL C323	Teaching Strategies for the Health Professional	3 credits

Health Education Electives (27 credits) in consultation with program coordinator.

STUDENTS ARE RESPONSIBLE FOR SATISFYING THEIR PARTICULAR CERTIFICATE REQUIREMENTS.

### NOTE

STUDENTS WITH A CERTIFICATE IN HEALTH EDUCATION MAY USE THEIR ACQUIRED CREDITS AS ELECTIVES IN OTHER UNDERGRADUATE PROGRAMMES.

A MAJOR LEADING TO HEALTH EDUCATION MAY BE ARRANGED THROUGH THE INTERDISCIPLINARY STUDIES PROGRAMME.

HEALTH EDUCATION ELECTIVES

HEAL C211	Clinical Epidemiology and Biostatistics I	3 credits
HEAL C215	Clinical Epidemiology and Biostatistics II	3 credits
HEAL C251	Hunger in the Classroom	3 credits
HEAL C261	Community Health Information	3 credits
HEAL C397	Selected Topics in Health Education	3 credits
HEAL C398	Selected Topics in Health Education	3 credits
HEAL C401	Public Health Administration	3 credits
HEAL C403	The Law and the Health Professional	3 credits
HEAL C472	Special Workshop: Human Sexuality	6 credits

NOTECOURSE DESCRIPTIONS FOR HEALTH EDUCATION:

### HEALTH C206 Applied Human Physiology

Prerequisites: R.N., CEGEP Biology or BIOL C201 or equivalent.

A course on the functions of the human body. A detailed analysis of the homeostasis from a systems approach will be given. Physiological processes as applied to clinical testing will be described. (6 credits)

### HEALTH C208 Nutrition in the '70s

This course will study the influence of socio-economic and political systems of the nutritional status of the individual and the interrelationship between food habits and the cultural, social and psychological aspects of life. Topics will include diet related problems such as obesity, heart disease faulty eating habits, malnutrition. Food budgeting for all levels of the socio-economic structure will be examined. (6 credits)



## HEAL C209

## Personal Interrelations

This course is designed to provide an orientation to the field of interpersonal relationship and human awareness, focusing particularly on relating to and working with other people. Concepts of personal growth and development will be highlighted. (3 credits)

## HEALTH C211

## Clinical Epidemiology and Biostatistics I

The purpose of this course is to present the concepts and methods of epidemiology as they are applied to a variety of disease problems. Emphasis is placed on the integration of biological and statistical elements in the sequence of epidemiological reasoning that derives inferences about the etiology of disease from population data. The course will concentrate on epidemiology of infectious disease and the measurement of health status in a community. (3 credits)

## HEALTH C215

## Clinical Epidemiology and Biostatistics II

Prerequisite: HEALTH C211.

This course is designed to follow HEAL C211. Necessary statistical methods for conducting and analyzing epidemiological studies will be further described. Retrospective and prospective studies are defined and described. Their impact as a means of determining association between etiological factors and disease will be discussed. The advantages and disadvantages of these methods of investigations will be compared. Classical epidemiological experiments and clinical serials will be reviewed. These will be analyzed in the context of health care research. (3 credits)

## HEAL C251

## Hunger in the Classroom: The School's Role

Review of evidence indicating existence of malnutrition in schools in Quebec. Followed by discussion of observable effects of hunger and malnutrition in the classroom. Discussion of various programs and approaches by the school administration, the school board, the teachers, nurses, etc., taken to alleviate the problem. Topics of discussion will include: Action for school lunches - malnutrition - learning and behavior - nutrition education program. (3 credits)

## HEAL C261

## Community Health Information

This course will investigate the formal and informal patterns in Health Education. This information will be applied to plan pertinent programs that serve society. Data collected will be used in curriculum planning exercises and program development within formal educational systems such as schools and CEGEPs, in such areas as cardiovascular disease, anti-smoking clinics, family life education. (3 credits)

## HEALTH C270

## School Health Services Seminar (NOT OFFERED 1979-80)

The seminar will deal with current issues of school health, nationally and locally and their effect on our present school health programs. It will consider the interrelation of the school administrators, the family, community and health professionals in utilizing existing resources for a more efficient distribution of health care to school age children. The need for leadership, group participation and community cooperation in defining and dealing with priorities will be demonstrated through a medium of case studies and problem solving techniques. (6 credits)



## HEAL C319

## Drug Use and Abuse

The course is structured to introduce non-medical personnel to the modern concepts of drug therapeutics, and to discuss the consequences of use and abuse of drugs. The drug classifications will include steroids, antibiotics, minor and major psycho-tropics and the potential chronic abuse of drugs such as amphetamines and other stimulants, barbituates and other sedatives, hallucinogens, minor tranquilizers, opiate narcotics, alcohol and tobacco.

(3 credits)

## HEAL C320

(Also given as NURS C320)

## Interviewing Techniques and Counselling Concepts

Prerequisite: HEAL C209 or equivalent

A course in which the student examines the dynamics of helping interviews, models of human effectiveness, and theories of counselling. The variety of issues to be covered include the enhancement of specific skills through different training experiences, a proper emphasis on self-understanding, as awareness of the role of philosophy, ethical standards, and research. This course demands a high level of observation, participation and involvement from each student.

(6 credits)

## HEALTH C323

(Also given as Nursing C323)

## Teaching Strategies for the Health Professional

Prerequisites: HEAL C209 and HEAL C320, or permission of the Coordinator.

This course is designed to meet the needs of individuals who are involved in education programmes, i.e., schools, industry, clinics, volunteer agencies, in-service programmes, etc., aimed at promotion and maintenance of health, prevention of disease and rehabilitation.

(3 credits)

## HEALTH C331 (NOT OFFERED 1979-80)

## Health Professional Role in Pre and Post Retirement

This course will investigate the needs, motivation, level of interest of individuals considering sex, age, education, culture, environment, socio-economic status or life experiences. It will determine the role of adequate health care, family interaction, community support, short and long term planning in dealing with the identified needs. The course will provide an opportunity for the student to investigate legal, economic and social aspects in developing programmes that are realistic within our present society.

(3 credits)

## HEALTH C397

## Selected Topics in Health Education

Prerequisites: As determined by the Coordinator.

The theme and the methodology will vary according to the special interests of the professor and the needs of the students. The course is designed to provide students with the opportunity to extend their studies beyond the subjects already included in the curriculum.

(3 credits)



## HEALTH C398

## Selected Topics in Health Education

Prerequisites: As determined by the Coordinator.

A student may repeat Health C397, provided that the content is different, by registering for credits under Health C398.

(3 credits)

## HEALTH C401

## Public Health Administration

The basic objective of this course is to make the student aware of the administrative structure of the health care system in the Province of Quebec and elsewhere. Emphasis will be centered around the planning of health care programmes, health economics and various health administrative systems commonly used today. Case analysis will be used to study the solving of health administrative problems.

(3 credits)

## HEALTH C403

## The Law and the Health Professional

This course is designed for nurses, other health professionals and administrators working in various health services. The content includes an analysis of Quebec and Canadian Law, civil and criminal liability and how it affects the health workers, the legal status of a hospital corporation and a community clinic and their interior workings. This course will also provide discussions of patients' rights, informed consent to treatment, recent Canadian court decisions on malpractice and other subjects of interest to the students.

(3 credits)

## HEAL C408

## Group Structure and the Role of the Community Worker

The course is developed to assist volunteers, interested citizens, street workers, and individuals with no formal health training, but working as a part of a multidisciplinary team to identify their roles in order to play a more effective part as a community worker. Assignments will be directed toward practical applications of fieldwork to problem solving in a field of their choice: i.e. post-retirement, rehabilitation of drug addicts and alcoholics, single parents, etc.

(6 credits)

## HEALTH C410

## Community Mental Health

This course will explore the historical and traditional models of mental health as they relate to the more progressive model of community mental health. The intent is to gain some knowledge of topics of concern within the community: crisis and suicide prevention, how to handle specific situations such as problems in a school, industry, home and clinical setting. The course is structured for people in the helping professions: nurses, social workers, counsellors, teachers, nutritionists, etc.

(6 credits)



## HEALTH C418

## Current Health Issues

Prerequisite: HEAL C211 and HEAL C215

This course deals with areas selected for their epidemiological importance in the understanding of modern health problems. Implications of human ecology, pollution and the environment on disease outcomes will be described.

(6 credits)

## HEALTH C472

## Special Workshop on Human Sexuality

The course investigates "Psychological Concepts of Human Sexuality as They Influence Family Planning and Sex Education". The study will explore variations in sexual patterning, therapy and counselling, biological, anthropological and ontological perspectives of sexuality. Open to educators, guidance counsellors, nurses, social workers and psychologists.

(6 credits)

PLEASE NOTE THAT THIS COURSE IS AVAILABLE ONLY TO STUDENTS FOLLOWING PROGRAMS OFFERED THROUGH THE DEPARTMENT OF HEALTH EDUCATION.

## FACULTY AND STAFF

Muriel Uprichard  
Lise Houle  
Carmen Martel  
Catherine Jennings

Ph.D. (London), Professor and Director  
R.N., B.Sc. N. (Montreal), M.H.A. (Montreal)  
R.N., M.Sc. N. (Montreal)  
Secretary

## Part-Time Lecturers

Darryl Albright  
Carol Ayers  
Mona Baugarten  
Colin Bier  
Sally Campbell

Claudette Cardinal  
Nancy Cullen

Gerald Davis  
Sup Mei Graub  
Colin Gravenor  
Andrew Hum  
François Jolicoeur  
Lorraine Johnston  
Anne Kiss  
Vladimir Kurgansky  
Margaret Letourneau

James Limacher

Ted Maroun

Daniell Medina  
Alan Peres  
Adrienne Price

Carol Rahn  
Mary Scott  
Carola Solomon

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Muriel Uprichard, Ph.D., Professor and Coordinator

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INQUIRIES

Applicants for the Health Education and Community  
Nursing Programmes must first be admitted to the  
university. Inquiries and applications for  
admission forms should be directed to;

Maureen Jones, 482-0320, Loc 407

STUDENTS ADMITTED TO THE UNIVERSITY, PLEASE NOTE:

Students requiring advice must make an appointment  
with the Director for counselling regarding course  
selection.

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